April

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Monday	Tuesday	Wednesday	Thursday	Friday		
1	2	3	4	5		
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
1% Milk, Whole grain oat Cheerios,	1% Milk, Eggo Whole Grain Waffle	1% Milk, Whole grain oat Cheerios,	1% Milk, Pancakes, Blueberries	1% Milk, Whole grain oat Cheerios,		
Bananas	Apples	Bananas	Snack	Oranges/tangerine		
<u>Snack</u>	Snack	<u>Snack</u>	Whole grain oat Cheerios, Peaches,	Snack		
Pretzels, Fruit Cup, Water	Triscuits, Fruit cup, Water	Pretzels, Fruit Cup, Water	Water	Cheese Crackers, applesauce, Water		
8	9	10	11	12		
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>		
1% Milk, Whole grain oat Cheerios,	1% Milk, Eggo Whole Grain Waffle	1% Milk, Whole grain oat Cheerios,	1% Milk, Pancakes, Blueberries	1% Milk, Whole grain oat Cheerios ,		
Bananas	Apples	Strawberries	<u>Snack</u>	Fresh Oranges/tangerines		
Snack	<u>Snack</u>	<u>Snack</u>	Whole grain oat Cheerios, Peaches,	<u>Snack</u>		
Pretzels, Fruit Cup, Water	Triscuits, Fruit cup, Water	Cheese Stick, Ritz crackers, Water	Water	Cheese Crackers, applesauce, Water		
15	16	17	18	19		
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>		
1% Milk, Whole grain oat Cheerios,	1% Milk, Eggo Whole Grain Waffle,	1% Milk, Whole grain oat Cheerios,	1% Milk, Pancakes, Blueberries	1% Milk, Whole grain oat Cheerios,		
Bananas	Apples	Strawberries	<u>Snack</u>	Oranges/tangerines		
Snack	<u>Snack</u>	<u>Snack</u>	Whole grain oat Cheerios, Peaches,	<u>Snack</u>		
Pretzels, Fruit Cup, Water	Triscuits, Fruit cup, Water	Cheese Stick, Ritz crackers, Water	Water	Cheese Crackers, applesauce, Water		
22	23	24	25	26		
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>		
1% Milk, Whole grain oat Cheerios,	1% Milk, Eggo Whole Grain Waffle,	1% Milk, Whole grain oat Cheerios,	1% Milk, Pancakes, Blueberries	1% Milk, Whole grain oat Cheerios,		
Bananas	Apples	Strawberries	Snack	Oranges/tangerines		
<u>Snack</u>	<u>Snack</u>	<u>Snack</u>	Whole grain oat Cheerios, Peaches,	Snack		
Pretzels, Fruit Cup, Water	Triscuits, Fruit cup, Water	Cheese Stick, Ritz crackers, Water	Water	Cheese Crackers, applesauce, Water		
29	30					
Breakfast	Breakfast	Water is available throughout	0 0			
1% Milk, Whole grain oat Cheerios,	1% Milk, Eggo Whole Grain Waffle,	the day!	0.00			
Bananas	Apples	Children aged 3-5 receive	the Third			
<u>Snack</u>	Snack	unflavored 1% milk				
Pretzels, Fruit Cup, Water	Triscuits, Fruit cup, Water	Children aged 6-12 receive unflavored 1% milk	ARRE	s		