


February

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast 1% Milk, Pancakes, Blueberries Snack Whole grain oat Cheerios, Peaches, Water	2 Breakfast 1% Milk, Whole grain oat Cheerios, Oranges/tangerine Snack Cheese Crackers, applesauce, Water
5 Breakfast 1% Milk, Whole grain oat Cheerios, Bananas Snack Pretzels, Fruit Cup, Water	6 Breakfast 1% Milk, Eggo Whole Grain Waffle, Apples Snack Triscuits, Fruit cup, Water	7 Breakfast 1% Milk, Whole grain oat Cheerios, Strawberries Snack Cheese Stick, Ritz crackers, Water	8 Breakfast 1% Milk, Pancakes, Blueberries Snack Whole grain oat Cheerios, Peaches, Water	9 Breakfast 1% Milk, Whole grain oat Cheerios , Fresh Oranges/tangerines Snack Cheese Crackers, applesauce, Water
12 Breakfast 1% Milk, Whole grain oat Cheerios, Bananas Snack Pretzels, Fruit Cup, Water	13 Breakfast 1% Milk, Eggo Whole Grain Waffle, Apples Snack Triscuits, Fruit cup, Water	14 Breakfast 1% Milk, Whole grain oat Cheerios, Strawberries Snack Cheese Stick, Ritz crackers, Water	15 Breakfast 1% Milk, Pancakes, Blueberries Snack Whole grain oat Cheerios, Peaches, Water	16 Breakfast 1% Milk, Whole grain oat Cheerios, Oranges/tangerines Snack Cheese Crackers, applesauce, Water
19 Breakfast 1% Milk, Whole grain oat Cheerios, Bananas Snack Pretzels, Fruit Cup, Water	20 Breakfast 1% Milk, Eggo Whole Grain Waffle, Apples Snack Triscuits, Fruit cup, Water	21 Breakfast 1% Milk, Whole grain oat Cheerios, Strawberries Snack Cheese Stick, Ritz crackers, Water	22 Breakfast 1% Milk, Pancakes, Blueberries Snack Whole grain oat Cheerios, Peaches, Water	23 Breakfast 1% Milk, Whole grain oat Cheerios, Oranges/tangerines Snack Cheese Crackers, applesauce, Water
26 Breakfast 1% Milk, Whole grain oat Cheerios, Bananas Snack Pretzels, Fruit Cup, Water	27 Breakfast 1% Milk, Eggo Whole Grain Waffle, Apples Snack Triscuits, Fruit cup, Water	28 Breakfast 1% Milk, Whole grain oat Cheerios, Bananas Snack Pretzels, Fruit Cup, Water	29 Breakfast 1% Milk, Pancakes, Blueberries Snack Whole grain oat Cheerios, Peaches, Water	Water is available throughout the day! Children aged 3-5 receive unflavored 1% milk Children aged 6-12 receive unflavored 1% milk